

NEWSNOTES

CHILDREN'S DIABETES FOUNDATION AT DENVER — WINTER 2011

All Carousel Ball photos: © Glenn Janssen and Steve Groer Photography



DENVER UNITES FOR JOYFUL 25TH ANNIVERSARY CAROUSEL BALL

Over 700 guests filled the Colorado Ballroom at the Denver Marriott City Center in Downtown Denver for, The 25th Anniversary of the Carousel Ball on Saturday, October 1, 2011. The evening was emceed by Channel 4's Ed Greene, with The Empress of Soul, Gladys Knight performing a remarkable full show benefitting the Barbara Davis Center for Childhood Diabetes and the Children's Diabetes Foundation.

(Continued on Page 2)



Ms. Gladys Knight, Dr. Marian Rewers, Dr. Georgeanna Klingensmith, Arlene Hirschfeld, Judy & Charlie McNeil, Barry Hirschfeld

The Carousel Ball



Judy & Charlie McNeil and family



Ellie White

With return of the original name, The Carousel Ball was thrilled to present the 2011 High Hopes Award to honorees, Dr. Georgeanna Klingensmith and Judy and Charlie McNeil. The awards were once again beautifully custom-designed by Kit Karbler of Blake Street Glass Studio.

The evening's first honoree, Dr. Klingensmith served as a Director of Pediatric Services for the Barbara Davis Center for over 17 years, where she now serves as a Professor in Pediatrics, and cares for children and families from all over Colorado and the United States. Georgeanna is a committed physician and treats every one of her patients as though they are her own children. The High Hopes award was presented to Dr. Klingensmith by Dr. Marian Rewers, Professor of Pediatrics, Clinical Director at the Center. Her 100 year-old father, also a physician said in tribute video, "What the world needs is more Georgeannas".

Honorees, Judy and Charlie McNeil's community involvement speaks for itself, as; together this couple improves the lives of many in the Denver and throughout Colorado, making them philanthropic all-stars and



Christina Finch, Ed Greene



Gail & George Johnson

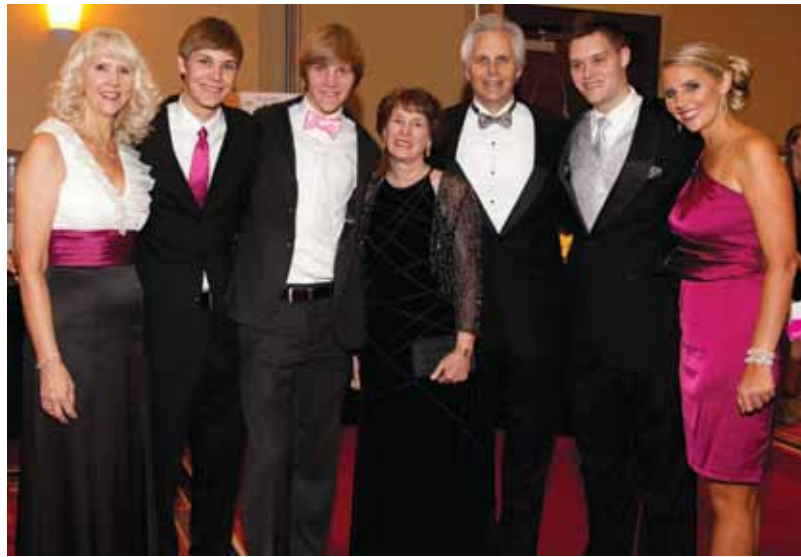


Pat Hamilton, Dr. Peter & Linda Chase

The Carousel Ball



Warren & Helen Hanks



Feiten Family, Dr. Georgeanna Klingensmith



Governor Hickenlooper, Chris & Chip Foster

truly a unique duo. Throughout their lives, they both have displayed commendable feats in philanthropy, community leadership and civic involvement. The High Hopes award was presented to Judy and Charlie McNeil by last year's award recipient, Arlene Hirschfeld and her husband Barry Hirschfeld.

The event chairs, Gail and George Johnson bigheartedly thanked the audience and were joined by 11 year-old, Christina Finch, who gave the invocation. Together they sent a message of the importance why folks were gathered that night; to raise funds for programs at the Barbara Davis Center Childhood Diabetes.



Rick Rolph



Dr. George & Frieda Eisenbarth

The evening's live auctioneer, Rick Rolph lead the auction with fabulous items including: a Hooray for Hollywood package with tickets to the 2012 Carousel of Hope in Los Angeles, a fantastic Pro Cycling Challenge Package, a dinner for 10 at Del Frisco's, an archival print of Marilyn Monroe, a trip to Las Vegas with a stay in the Tropicana Hotel and trip to New York City with dinner at Michael's and The Palm and a stay at Hotel Plaza Athenee. Experience a Day

The Carousel Ball



Drs. Georgeanna & William Klingensmith



Ms. Gladys Knight



Walt DeHaven and Wendy Aiello



Arlene & Barry Hirschfeld and Sue & Doug Seserman

in the Life Appeal began with a generous supporter donating \$100,000! Funds from the live appeal totaled over \$200,000 to support diabetes supplies and care for children without health insurance.

The evening's entertainment was eagerly anticipated by the crowd as The Empress of Soul, Ms. Gladys Knight generously donated a full-length performance to support the Barbara Davis Center. Guests sang and danced as Ms. Knight and her entire band sung hit after hit! Energy filled the room with the sounds of her familiar R&B Classics. The evening ended joyously with the entire room

singing and clapping along to, "Midnight Train to Georgia".

The evening raised approximately \$550,000 with proceeds funding research and clinical care at the Barbara Davis Center where over 6,000 children and young adults receive care from around the world.

The evening was enjoyed by guests including Governor John Hickenlooper, Congresswomen, Diana DeGette, Mayor Edward Tauer and wife Betsy, Gail and George Johnson, Phil Southerland of Team Type 1, Michelle Sie Whitten and Tom Whitten, Steven Farber, Cathy

and Peter Culshaw, Barbara Davis Center Executive Director George Eisenbarth and his wife Frieda, H. P. Chase and his wife Linda, Carol and Dr. Rick Abrams, Deidre and Shawn Hunter, Stacy and Jeff Robinson, Julie and Dr. Dan Feiten.

The Major sponsors of the 2011 Carousel Ball include: The Crazy Merchant Inc./The Wilmac Foundation, American Airlines, CBS4, The Corley Family Fund, The Denver Post, Denver Marriott City Center, Aiello Public Relations and Marketing, Argonaut Wine & Liquor, Bouquets, Concannon, Southern Wine & Spirits and Johnson Moving and Storage.

The Carousel Ball



1. *Charlie & Judy McNeil*
2. *Dr. Paul & Diana Docktor*
3. *Lori & Larry Finch,
Christina Finch*
4. *Jeff & Stacy Robinson
and son*
5. *George & Gail Johnson,
Governor Hickenlooper,
Judy & Charlie McNeil*
6. *Julie & Dr. Dan Feiten*
7. *Hunter boys*
8. *Phil Southerland*

The Carousel Ball



1. Ms. Gladys Knight
2. Chloe Verdun
3. Auction item
4. Gina & Fadi Abou-Jaoude, Gianna Abou-Jaoude
5. Dr. Georgeanna Klingensmith and Higgins Family
6. Bea Bugelli, Linda Broughton, Jan Rosen, Gretchen Pope



“DIABETES, A HISTORY OF A CENTER AND A PATIENT”

— By H. Peter Chase, MD
Sue Palandri

D Dr. Chase was originally asked by Dr. George Eisenbarth to write a book on the history of the Barbara Davis Center (BDC) over three years ago, but had kept “putting it off.” Dr. Chase was the only physician serving full-time in the BDC from 1980 to 1983 (prior to Dr. Donough O’Brien moving from the Kennedy-Stolinsky Center and accepting the role of Executive Director). The decision was made to combine the history of the BDC with the history of a hypothetical patient, who was a conglomerate of the many patients with diabetes whom he has treated since being named the first director of the University of CO Pediatric Diabetes Clinic in 1976. At that time, 40 patients with “juvenile



diabetes” (the name used at the time) were followed. The number of patients gradually increased, and with the recent leadership of Drs. Klingensmith and Rewers, numbers are now over 3,000 youth (plus 3,000 adults seen by Dr. Garg and staff). How did this happen, to go from 40 patients to over 6,000, and to go from a small clinic to a busy four story building? It is all told in the new book.

Seven of the 20 chapters relate to a boy being diagnosed with diabetes prior to the opening of the Barbara Davis Center. He

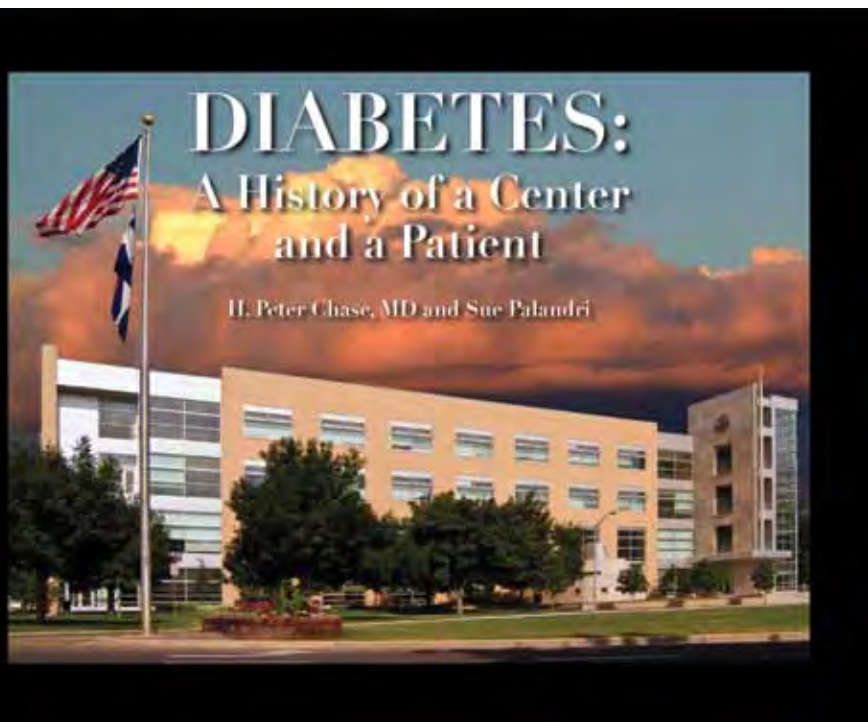
is followed through childhood – going from one injection of insulin daily and urine sugar testing, to the use of an insulin pump and continuous glucose monitor as an adult. His experiences at diabetes camp, in school and even on The Guild ski trip are all separate chapters. Even more surprising is the experience of his son when diagnosed with type 1 diabetes (the current name) in 2011. (You’ll have to read the book to find out.)

Sue Palandri helped write the chapters on the Children’s Diabetes Foundation (CDF), on the Carousel Ball, on Carousel Days, and on the CDF Guild. She was the first employee of the Children’s Diabetes Foundation and was involved with the many activities through the years. Some in the community will remember the amazing Carousel Days celebrations as well as the Carousel Balls. They represented some of the most dazzling and extravagant celebrations the city of Denver has ever known.

The book also celebrates the science and care offered by the Center. Highlights are included of Dr. George Eisenbarth being selected for the highest ADA research award (The Banting award), Dr. Chase being selected for the highest ADA diabetes clinician award, and Dr. Rewers being selected for the highest ADA award in epidemiology. Overall, the history of the Center and of a patient complement each other nicely and go “hand in hand” as the Center moves toward the future.

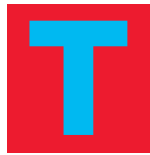
The book is available from the Children’s Diabetes Foundation (see order sheet) and can also be purchased (\$15.00) at the front desk at the BDC.

Barbara Davis Center



T1D EXCHANGE

— Dr. Georgeanna Klingensmith



The Leona M. and Harry B. Helmsley Charitable Trust, a leader in type 1 diabetes research

funding, has awarded a three-year, \$26 million grant to the Jaeb Center for Health Research to coordinate an innovative research project, the T1D Exchange. Launched in 2009, the Helmsley Type 1 Diabetes Program (T1D Program) aims to advance the understanding of type 1 diabetes and identify promising new treatments and technologies for individuals with type 1 diabetes. Since 2009, the Trust has committed over \$100 million to type 1 diabetes research and programs through the Helmsley T1D Program. The grant for the Exchange was made to the Jaeb Center as part of the Helmsley T1D Program.

The Barbara Davis Center (BDC) is a leading diabetes center in the T1D Exchange. The Exchange is comprised of three overlapping components: a clinic-based registry, an interactive website with mobile capabilities, and a biobank. The Exchange is designed to drive a better understanding of diabetes, improve care and accelerate new therapies for type 1 diabetes through the promotion of collaborative data collection and sharing. There are over 60 clinical centers collaborating in the Exchange.

“The T1D Exchange is ambitious in both its design and scale,” said Roy W. Beck, MD, PhD, Executive Director of the Jaeb Center. “We are excited to be part of this effort and for the potential value this exchange will have for people living with type 1 diabetes.” The Jaeb



Center for Health Research in Tampa, Florida was established in 1993 as a freestanding, nonprofit coordinating center for multi-center clinical trials and epidemiologic research and coordinates many important national diabetes research efforts.

The central goal of the Exchange is to create a new model that combines the best aspects of traditional clinical research with the expanding fields of health information and social networking. The three primary components of the Exchange are:

A clinic-based registry

An interactive website with mobile capabilities

A biobank

The clinic-based registry was initiated in September 2010. At BDC, patients are recruited during a visit and, after providing informed consent for clinical data to be collected from their medical record, are asked to fill out a questionnaire detailing their medical histories, including the onset of their disease,

treatment and care they've received, complications they've experienced and other data. The questionnaire can be completed using iPads or computers at BDC. Information will be collected from participants at least once a year.

The biobank component of the T1D Exchange initiative is currently in development. The biobank will store longitudinal samples from a subset of Exchange participants as part of specific objective-driven research studies. These samples will be available for follow-up analyses and for use in future studies. All data from these lab tests will be added to the Exchange data repository. Exchange participants have the option to be contacted about participation in the biobank and in other research studies. One of the key goals of the Exchange biobank and the supporting data repository is to provide researchers easy access to a rich library of biological samples, either retrieved from the sample bank or collected in real-time from Exchange members who



have agreed to provide samples on an as-needed basis.

The interactive website for individuals with T1D, called Glu, is also in development. This website will allow people with type 1 diabetes across the country to provide data about their disease - regardless of whether they receive care at one of the many participating centers in the clinic-based registry. Through Glu, registry participants will be able to import some of their clinical data into a personal online account for viewing, while participants at centers outside of the T1D Exchange Clinic Network will be able to input their patient-reported data, adding it both to their personal account and the data repository. Participants will be able to apply privacy settings to their data, viewing and sharing information with the Exchange community as desired, and will have access to educational materials and information about research studies and clinical trials. Future web portals designed for clinicians and researchers

will enable them to request and access data, patient samples and future Exchange services after the research plan has been approved by an Exchange Research Committee and a Human Subjects Investigation Review Board when indicated.

The goal for the T1D Exchange is to sign up at least 25,000 participants through the Clinic-Based Registry, and an additional 50,000 participants through Glu. As of the end of August 2011, over 15,000 participants have completed enrollment into the T1D Exchange Clinic-Based Registry.

“We have very little data on a large scale that tells us how people with diabetes are living with their disease. This new exchange will certainly accelerate the search for new therapies, but it will also help us understand how people are responding to the treatments and other interventions we have now.” said Dr. George Eisenbarth, Executive Director of the Barbara Davis Center for Childhood Diabetes.

Dr. Georgeanna Klingensmith from the Pediatric Clinic and Dr. Satish Garg of the Young Adult Clinic are leading the project at the BDC. Both the Young Adult Clinic and the Pediatric clinic have completed over 1500 enrollments, about 10% of the project's total enrollments!

We are actively recruiting for the T1D Exchange. After consenting, you will be asked to fill out a questionnaire that should take about 20 minutes. If you would like to join in this historic Exchange, please contact one of the clinicians at your next appointment.

RATING OF #4 IN THE UNITED STATES!



The *U.S. News & World Reports* ranked Children's Hospital Colorado with Barbara

Davis Center for Childhood Diabetes #4 in the nation in diabetes and endocrinology. The Barbara Davis Center is proud to share this honor with Children's Hospital Colorado.



Barbara Davis Center

QUESTIONS AND ANSWERS

— H. Peter Chase, MD



Is growth affected by diabetes control?



This is a frequently asked question, and in short, the answer is

YES. Now to explain.

Growth hormone is highest during the years of pubertal development with its effect being mediated through insulin-like growth factors (IGF). With insulin deficiency, IGF1 activity is reduced.

We were amongst the first to describe reduced height attainment with chronic high HbA1c levels (Diabetic Med, 12:129,1995). However, this report was primarily of values prior to modern day post-DCCT intensive insulin therapy and higher HbA1c values were common.

There have been at least six scientific papers since 1997 which have analyzed height attainment in relation to HbA1c levels and which have similarly found a negative relation (higher HbA1c and lower height). As most of these youth were receiving current-day intensive insulin therapy, it is clear there is still a relationship. Thus, for optimal height attainment, the advice is to keep the HbA1c value as low as is safely possible without dangerous hypoglycemia.



What is different in the 12th edition of Understanding Diabetes and the synopsis First Book? Do we need to buy them?



The obvious answer is YES. There is information on ordering elsewhere in this edition of NEWSNOTES, although copies can also be purchased at the front desk at the Barbara Davis Center. Every chapter is updated – often with material published within the past year. There are three new chapters, one on Continuous Glucose Monitoring, one on Associated Autoimmune Conditions (including thyroid and celiac disease) and one dealing with

Care of the Preschooler/Toddler. Three examples of other new information are:

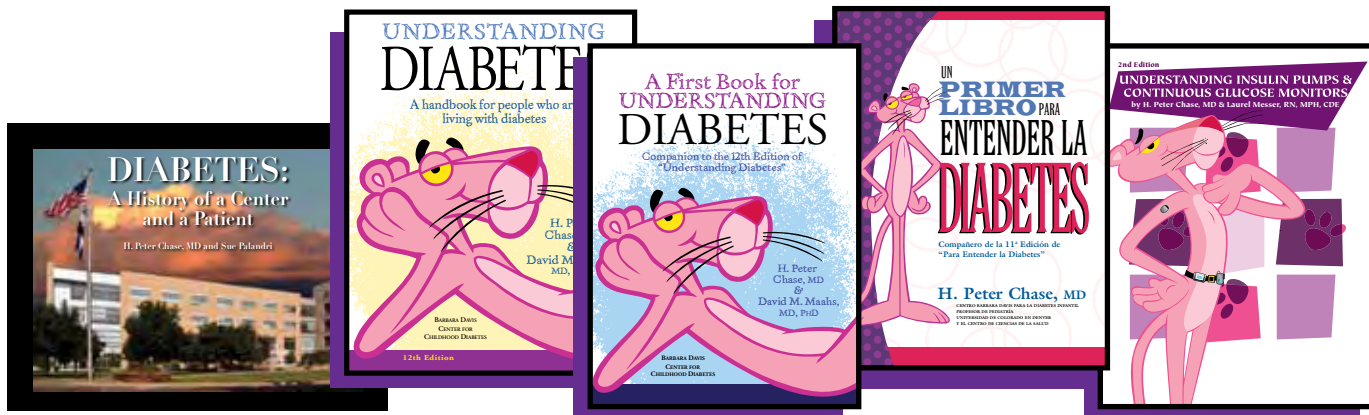
- i) Page 85: the importance of giving insulin 15-20 minutes prior to meals to lower the HbA1c level.
- ii) Chapter 13: new suggestions for preventing low blood sugars during and following exercise.
- iii) Page 272: new travel recommendations especially for pumps or CGMs with airport security screening.

Dr. David Maahs is now a co-author of both books. The books are non-profit and one of the major sources of funding for the Children's Diabetes Foundation, which supports care and research at the Barbara Davis Center.

ORDERING MATERIALS

All our publications and DVD may be ordered by using this form, or by calling the Children's Diabetes Foundation at 303-863-1200 or 800-695-2873, or by visiting our website at www.ChildrensDiabetesFoundation.org

Children's Diabetes Foundation • 777 Grant Street • Suite 302 • Denver, CO 80203



Quantity	Item	Price	Total
	<u>Diabetes: A History of a Center and a Patient</u>	\$15.00*	
	<u>Understanding Diabetes</u> – “The Pink Panther Book” 12 th Edition	\$20.00*	
	<u>A First Book for Understanding Diabetes</u> Presents the essentials from Understanding Diabetes 12th edition in synopsis fashion	\$12.00*	
	<u>Un Primer Libro Para Entender La Diabetes</u> Spanish version of <u>A First Book for Understanding Diabetes</u> 11th Edition	\$10.00*	
	<u>Understanding Insulin Pumps and Continuous Glucose Monitors</u> 2nd Edition	\$18.00*	
	<u>DVD: Managing Diabetic Hypoglycemia</u> Offers people with diabetes of all ages and backgrounds practical suggestions for how they can manage and prevent low blood sugar during a busy, productive day.	\$20.00*	
	<u>SHIPPING AND HANDLING:</u> \$5.00 per book for orders of 1-9 books — \$2.00 per book for orders of 10 books and over	Shipping & Handling	

** Prices are subject to change.*

Name: _____

Address: _____ City, State, ZIP: _____

Phone: _____ Email: _____

Check enclosed payable to: **Children's Diabetes Foundation**

VISA MasterCard Discover AmEx Card # _____ Exp. Date _____

Please include me on the Children's Diabetes Foundation mailing list.

All orders must be paid in full before delivery.

Books are mailed USPS or Ground UPS. Allow one to three weeks for delivery.

Canadian and Foreign Purchasers: Please include sufficient funds to equal U.S. currency exchange rates.

For quantity order pricing and additional information call 303-863-1200 or 800-695-2873 or visit our website at www.ChildrensDiabetesFoundation.org

● EXCITEMENT BUILDS AT BRASS RING LUNCHEON PATRON PARTY



he 2011 Brass Ring Luncheon VIP Reception was held at The Meridian Tower at the Landmark in Greenwood Village on Tuesday, September 20, 2011. Over 100 guests attended on this warm fall evening and enjoyed delicious hors d'oeuvres donated by Ted's Montana Grill and Dr. Paul and Diana Docktor. The evening was also complimented by a beautiful chocolate fountain with plenty of goodies for dipping! The beautifully decorated space included an elegant lobby and library room with plush leather couches for seating. The 2011 Patron Party chairs were Diana Docktor and Sharon Whiton Gelt, who did a wonderful job on the exquisite décor, food, wine and dessert selection. Rick Rolph served as the auctioneer of the evening, announcing three items, including; C Lazy U Spa Package, a case of cigars and a stunning pair of earrings from Oster Jewelers. The live auction raised \$5,250! Special thanks to The Crazy Merchant for providing the gift for the evening. A special thank you to this year's Brass Ring Luncheon Chair, Kathy Crapo and 2011 Guild President, Judy McNeil.



Judy McNeil and Kathy Crapo



BAUBLES, BANGLES AND BEADS

If a Bead or a Pearl, a piece of Gold or Silver

Would help toward a cure...

Would you give from your jewelry drawer

To raise money to find a cure.

We have started Jewels for Hope

To help save our true 'Jewels'

Children who live with Diabetes.

We are asking you to give a piece of jewelry

Real or costume, it does not matter,

Someone else will treasure it knowing

It will help us toward a cure.

Now won't you reach into your Jewelry Drawer?

— by Gretchen Pope



Sharon Whiton Gelt, Diana Docktor



SCHOLARSHIP RECEPTION

The 2011-2012 Charlotte Tucker Scholarship Reception was held Tuesday, June 7th at the Governor's Residence at the Boettcher Mansion from 4:00 to 6:30 in the evening. Reception Chairs, Suzy Love and Sandi Ross welcomed the scholarship recipients and their families along with Guild and Selection Committee members.

The Guild awarded 28 students with \$2,000 each to be used in higher learning at the institution of their choice. Guild President, Judy McNeil welcomed guests while Scholarship Selection Chair, Dalya Creaghe introduced the selected students. Each student had the opportunity to speak briefly about their plans to attend college and were presented with a certificate of recognition. Miss Mile High, Hannah Porter spoke about importance of community

building and recognized the recipients on their hard work. The Guild is proud to join together to celebrate the accomplishments of these commendable students and to assist in their higher education pursuits.

CHARLOTTE TUCKER SCHOLARSHIP OPPORTUNITIES FOR 2012-2013

The Guild of the Children's Diabetes Foundation is proud to continue to award scholarships to high school seniors and college students who are current patients at the Barbara Davis Center. The scholarship program was established in memory of past Guild President, Charlotte Tucker, who encouraged young people from the Barbara Davis Center to follow their chosen higher educational career paths.

Applications for 2012-2013 will be available in February 2012. Patients who are college or trade school bound will be notified regarding applications. **If you don't receive information or have questions, please call Susie Hummell after February 15th, 2012 at 303-628-5109 or 800-695-2873.**

DANCE FOR DIABETES

— Sara Maki

On Saturday, October 15, approximately 50 people attended the Dance for Diabetes fundraiser put on by The Guild. Felix Ojeda, creator of Pachanga Fitness, graciously donated his time and talent to teach two aerobic dance fitness classes accompanied by fun Latin music. Guests were also able to purchase items from Jewels for Hope and Jamba Juice, with proceeds going to support The Guild.

Charlotte Tucker Scholarship



*Andrea Alles
Colorado State University*



*Stephanie Byrum, Front
Range Community College*



*Aaron Crotser
University of CO Springs*



*Amy Dethlefs, University of
Northern Colorado*



*Oumar Diallo
Carleton College*



*Ashton Farris, Denver
Academy Court Reporting*



*Caleb French
Sheridan College*



*Amber Hoyle, Community
College of Aurora*



*Branden Kullby
Colorado State University*



*Matt Marovich
University of CO at Denver*



*Kayla McDonald, CO State
University /Pueblo*



*Hailey McKay
University of Colorado*



*Zsuzsanna McNeil,
University of CO, CO Springs*



*Amber Peet
University of Northern CO*



*Cody Purcell
Colorado State University*



*Amando Raso
Fort Lewis College*

Charlotte Tucker Scholarship



Kayla Rhoades, Red Rocks Community College



Rochelle Resendez Metro State College



Morgan Strand, University of Nebraska @ Kearny



Tina Stringfellow, Arapahoe Community College



Ryan Swanson, Front Range Community College



Hannah Turner, Colorado School of Mines



Destinee Upton Heritage College



Kelsey Willis Colorado State University

NOT PICTURED
Sarah Fenton, Patrick Killday, James Lewis, Cooper Mazon



Judy McNeil, Suzy Love, Hannah Porter, Sandi Ross, Dalyla Creaghe

THIRD ANNUAL HIGH HOPES GOLF TOURNAMENT

The Guild of the Children's Diabetes Foundation was proud to hold their Third Annual High Hopes Golf Tournament on July 18 at Glenmoor Country Club. The funds raised benefit Guild programs including Helping Hand, the Charlotte Tucker Scholarship as well as Education and Awareness efforts of The Guild and clinical and research programs at the Barbara Davis Center.

This year marks the third year of the tournament with Hole-in-One prizes including \$10,000 and

a Mercedes Benz, courtesy of Mercedes Benz of Littleton.

Glenmoor Country Club prides itself on being a fantastic, 18-hole private course in Colorado. The course stretches over 6,787 yards from its back tees. The links-style course was built on a hilly landscape with narrow fairways and uneven lies. Four lakes add beauty and challenge to the course.

The four person scramble-style tournament kicked off at noon with a shot-gun start with a parade of golf carts heading to their respective holes to begin their rounds. Sally Newcomb once again chaired the event, joined by Michael Smith, bringing in approximately \$27,000 in funds to benefit The Guild of the Children's Diabetes Foundation.

Sponsors included: Meagher Oil & Gas, Michael Smith with Merrill Lynch, and Sally and Gary Newcomb.

Additional sponsors: Lockton, Imperial Hat, Lukas Liquors, Mercedes Benz of Littleton, Channel 4, Denver Post, NexGen Resources, Merrill Lynch and Omni Bio Pharmaceutical.

At the end of the day, players gathered with plates piled high for the cocktail party and awards reception with delicious appetizers, including sliders and beef wellington, and bid on exciting silent auction items as the lucky winners cashed in on their prizes.

Thank you to all sponsors, players and volunteers for making this event a success!



PRACTICAL WAYS TO ACHIEVE TARGETS IN DIABETES CARE – JULY 15-17, 2011



The 4th biennial conference designed to help health care providers caring for adolescents and adults with diabetes was the largest to date, with 300 participants gathering together to learn the latest techniques in practical day-to-day management and care of people with diabetes.

Satish Garg, MD, Director of the BDC's Adult Program and Conference Director gathered together a group of renowned Guest Speakers who provided participants with invaluable and up-to-date information facing today's health care providers. This year's dinner sponsors were: BD Medical/Diabetes Care, DexCom, Medtronic Diabetes, Novo Nordisk and Roche Diagnostics.

We extend our special appreciation to the following Guest Speakers and Sponsors/Exhibitors for sharing their unique knowledge and providing significant financial assistance to this year's conference.

SPONSORS:

Platinum:

sanofi-aventis U.S. Inc.

Gold:

DexCom, Roche Diagnostics Corporation and Medtronic Diabetes

Silver:

Novo Nordisk, BD Medical/Diabetes Care, Abbott Diabetes Care, Amylin Pharmaceuticals/Lilly USA and Bayer Healthcare Diabetes Care

Other Sponsors Include:

Animas Corporation, LifeScan, Inc., a Johnson & Johnson Company, Lilly, USA LLC & OmniPod



Photo: © Vail Resorts

GUEST SPEAKERS

Daniel Bessesen, MD

Chief of Endocrinology
Denver Health Medical Center
Aurora, CO

Bruce Bode, MD

Atlanta Diabetes Associates
Atlanta, GA

Robert Eckel, MD

University of Colorado Denver
Aurora, CO

Steven Edelman, MD

University of California
San Diego
Del Mar, CA

George S. Eisenbarth, MD, PhD

Barbara Davis Center for
Childhood Diabetes
Aurora, CO

Ron Gill, PhD

University of Colorado Denver
Aurora, CO

Peter Gottlieb, MD

Barbara Davis Center for
Childhood Diabetes
Aurora, CO

Robert Henry, MD

University of California San
Diego
San Diego, CA

James Hill, PhD

University of Colorado Denver
Aurora, CO

Roman Hovorka, MD

University of Cambridge
Metabolic Research Laboratories
Cambridge, UK

Silvio Inzucchi, MD

Yale University School of
Medicine
New Haven, CT

Linong Ji, MD

Peking University, People's
Hospital
China

Diane Karl, MD

The Endocrine Clinic
Portland, OR

David Kendall, MD

International Diabetes Center
Minneapolis, MN

Aaron Kowalski, MD

Juvenile Diabetes Research
Foundation
New York, NY

Moshe Phillip, MD

Institute for Endocrinology and
Diabetes
Israel

William Polonsky, PhD, CDE

University of California
San Diego, CA

Judith Regensteiner, PhD

University of Colorado Denver
Aurora, CO

Eric Renard, MD, PhD

Lapeyronie University Hospital
Montpellier, France

Marian Rewers, MD, PhD

Barbara Davis Center for
Childhood Diabetes
Aurora, CO

Matthew Riddle, MD

Oregon Health & Science
University
Portland, OR

Massimo Trucco, MD

Children's Hospital of Pittsburgh
Pittsburgh, PA



Photo: © Vail Resorts

SAVE THE DATE!

The 2012 “Practical Ways to Achieve Targets in Diabetes Care” designed to assist healthcare providers caring for adolescents and adults with diabetes is scheduled for Thursday, July 12 thru Sunday, July 15, 2012 at the Keystone Resort and Conference Center, Keystone, Colorado.

Check the CDF and BDC web sites in January 2012 for more information.

WE ARE EXCITED TO ANNOUNCE THE NEXT CAROUSEL OF HOPE SLATED FOR OCTOBER 20, 2012!



COLORADO GIVES DAY



Support Children’s Diabetes Foundation on **December 6, 2011** for Colorado Gives Day presented by Community First Foundation and FirstBank and the value of your dollar will go further!

WHAT IS COLORADO GIVES DAY?

Colorado Gives Day is an online giving campaign presented by Community First Foundation and FirstBank taking place on December 6, 2011. Donations will be accepted through GivingFirst.org, with a goal to inspire and unite Coloradans in supporting local nonprofits.

HOW DO I MAKE A DONATION?

1. Go to GivingFirst.org and select Children’s Diabetes Foundation
2. Enter “Children’s Diabetes Foundation” in search field
3. Click on “Children’s Diabetes Foundation”
4. Click DONATE NOW



Children’s Diabetes Foundation
www.ChildrensDiabetesFoundation.org

Barbara Davis Center for Childhood Diabetes
www.BarbaraDavisCenter.org

2011 CAROUSEL CLASSICS GROSS \$512,275 FOR BARBARA DAVIS CENTER RESEARCH

— Sally Dunleavy



The HealthONE Carousel Classic Play for the Cure, benefiting the Children's Diabetes Foundation grossed \$245,025 when the full field of golfers played on Monday, June 29th at the beautiful Sanctuary Golf Course in Sedalia, Colorado with proceeds supporting research at the Barbara Davis Center for Childhood Diabetes.

120 golfers checked in, visited with friends and were treated to brunch in the outside pavilion as Harrison Fuller shared his story about what it is like to have type 1 diabetes.

The 11:00 Shotgun tournament was followed by a reception and dinner in the clubhouse, and awards were handed out for all three flights. The grand prize winners for the overall lowest net team score were the team from Lockton Companies, with golfers Nick Hansen, Ward Giltner, Mike Kennedy and Steve Lockton posting 114 in the 2 person – best ball format event. The real winners however, are the patients benefitting from the research programs at The Barbara Davis Center.

The June 29 tournament included a hole in one opportunity to win a car - a 2012 Volvo S60, courtesy of McDonald Automotive Group. Many golfers came close – but no one drove it home!

The Children's Diabetes Foundation would like to extend a very special thank you to our Presenting Sponsor: HealthONE; our Gold Sponsor, Lockton Companies and our Silver Sponsors: Accelerated Services, Highlands Behavioral Health and Siegel Oil.

We also thank our foursomes, which included Citywide Banks, Comerica/Freeway Ford, Curt Ollila, Perma Plate, Painter's Supply, Citywide Banks, PhRMA, Johnson Storage & Moving, Shames Makovsky Realty, Sheridan Ross, JCB Partners, Toshiba, Wells Fargo Dealer Services, Haynes Mechanical Systems, Dealer Logix, AT&T, Mazda, Tim Thomsen, Tony Naes, Douglas McDonald, Audi and VW.

Several companies helped us raise even more money by sponsoring one of the holes on the golf course. These generous contributors were Air Academy, ADP Dealer Services, Auto Guide, Auto Trader, The Denver Post, eLead, Fifth Third Bank, Kentwood Real Estate, Lincoln

Tech, Dill & Dill, Manheim Denver, Hawkins & Company CPAs, Holland & Hart, LLP, Stettner Miller, PC, Honnen Equipment and Waggenger & Foster, LLP.

The Children's Diabetes Foundation expresses gratitude to the hard-working event Co-Chairs, Michael McDonald and Dan Fuller whose unflinching efforts made the event a huge success. The committee included: Dr. Rick Abrams, Sonia Chritton, Mani Isler, Luciana Smith and Mark Briggs.



MCDONALD AUTOMOTIVE CAROUSEL CLASSIC FLYS AWAY TO LAS VEGAS

— Sally Dunleavy



The Tom Fazio designed golf course at Wynn Las Vegas played host to the Second

Annual McDonald Automotive Carousel Classic charity golf tournament on November 10-11, 2011.

100 fanatic golfers enjoyed a pre-dawn breakfast at the private Signature Flight Center in Denver before boarding a privately chartered Frontier Airlines flight for 36 hours in Las Vegas!!

Golfers came from around the country to play in the tournament, enjoying a fabulous lunch and the challenging environment at the only golf course on the Strip. Over 100,000 shrubs, 4,600 feet of streams and a majestic 37 foot waterfall provided an unforgettable setting, and with the generosity of our sponsors and participants, raised \$267,250. Combined the Carousel Classics raised \$512,275 for Barbara Davis Center Research.



SMALL CHANGE FOR A BIG CHANGE



Hannah Fey is a 12 year old girl and patient at the Barbara Davis Center who was diagnosed with diabetes at age 15 months. Lucky for her, Hannah and her family are financially able to provide her with the diabetes supplies and care she needs. However, Hannah understands that some families coping with this disease aren't as lucky.

Hannah decided to take matters into her own hands, by campaigning for, "Small Change for Big Change", as part of her Bat Mitzvah project. Hannah asked friends and family members to look around their houses for small change and gather it in plastic bags. She collected the change and donated all of it to The Helping Hand Program. Hannah takes pride in helping others by assisting the families who need help with paying for diabetes supplies.

We thank Hannah for choosing to help those less fortunate than her and for joining together to help fight this disease.



HANDMADE JEWELRY SALE RAISES FUNDS FOR RESEARCH



The Longmont Airport Expo was blessed with the sewing skills of Renee Choksey, a 12 year-old patient of the Barbara Davis Center living with diabetes. Renee used her embroidery skills to raise money for diabetes research at the BDC by selling her own lace designs at the Longmont Airport Expo held on June 25th.

Renee diligently worked with two embroidery machines running one at a time using spools of thread, different sized hoops, water soluble stabilizer, jewelry making tools, glue guns, pin backs and more to make her crafts. With the help of family, she displayed her earrings, pins and necklaces on a board she also made herself. With every penny going towards research at the BDC, Renee is helping to reach the brass ring: The Cure.

We thank you Renee for your hard work and dedicated to the cause!

CAROUSEL BALL PRAYER CHILD



Thank you to Christina Finch for assisting with the prayer at The Carousel Ball on

October 1, 2011. We appreciate your help and are very proud of you!



WHAT'S ON YOUR PLATE TODAY?

— Gail Spiegel, MS RD CDE

This summer the USDA with First Lady Michelle Obama, Secretary of Agriculture Tom Vilsack and the Surgeon General Dr. Regina M. Benjamin, launched a new icon for healthy eating. MyPlate was unveiled to replace the food pyramid as a simpler concept to remind Americans of mindful eating and making healthy food choices. It will be used by the food industry, public health programs, community initiatives, schools and by Americans everywhere as a platform for healthy nutrition information.

The food pyramid has been used as a primary guide of good nutrition since 1992 when it replaced the four food groups of the 1970's and the food wheel of the late 1980's. It was criticized for being difficult to comprehend. This was especially true after the updated food pyramid from 2005 included the concept of physical activity, and the hard-to-understand vertical stripes for the different food groups. The nutritional concepts were solid, but the presentation made more sense to health professionals than to the average consumer. At the Barbara Davis Center, patients and families will continue to see us use a version of the food pyramid and MyPlate. The messages of both icons are the same for healthy eating, but when dealing with diabetes, the pyramid also helps us teach about carbohydrates.

MyPlate was designed to be more visual and pertinent to the average American as the icon of a plate is linked to food and is a mealtime symbol. The

icon reminds people to make healthy food choices as part of a balanced diet with the four sections of the plate for fruit, vegetable, grains and protein with a smaller circle by the plate representing dairy products (See picture below).

MyPlate was designed to symbolize good nutrition without providing specific messages about nutrition. The USDA plans to release easy to understand, action-oriented messages over time regarding dietary guidelines to the public. Emphasizing one message at a time will hopefully help Americans to make fundamental changes to their diet by focusing on key behaviors. The initial message from the administration is to make half your plate fruits and vegetables, a message that dietitians and nutritionists have been plugging for years and is visually very evident on the MyPlate icon.



These healthy messages outline basic nutrition concepts that can have an enormous impact on the health of the general public. Other nutrition messages include:

- Enjoy your food, but eat less
- Avoid oversized portions
- Make half your grains whole grains
- Switch to fat-free or low fat milk
- Compare sodium in foods and choose foods with lower numbers

Drink water instead of sugary drinks.

The USDA has also created a web site, ChooseMyPlate.gov, to support the nutrition message to the public. It expands on the concepts depicted by the MyPlate icon and provides the public with real tips and guidelines for making healthier food choices. The USDA has also included a tool to develop a personalized MyPlate plan which can provide users with a constructive understanding of how to use the MyPlate concept in their everyday life.

These nutrition concepts are focused on the average American consumer and the nationwide issue of obesity. It does not provide specific information about various health issues or diseases. So the question is how does MyPlate relate to diabetes?

Type 2 diabetes is inherently connected to obesity and an unhealthy lifestyle. MyPlate encourages many changes that could be very beneficial for people struggling with type 2 diabetes or are at risk for type 2 diabetes. Increased activity, portion control and wise food choices have been shown to make a difference in the long term outcome for these individuals.

People with type 1 diabetes have the same potential health risks as the average American growing up in this sedentary, high fat, super-sized fast food culture. In addition, the risk for heart disease later in life is increased by diabetes (both type 1 and type 2) and therefore, underline the importance of a basic healthy and active lifestyle. The MyPlate can support the knowledge and awareness of nutrition and can help Americans with diabetes to build healthy eating patterns for meal times.

● GHOSTS, GOBLINS AND FUN, FUN, FUN MARK THE GUILD'S ANNUAL HALLOWEEN PARTY

— Julie Morehouse

The Guild of the Children's Diabetes Foundation and the Phi Gamma Delta Fraternity hosted their Annual Halloween Party on Sunday, October 30th. The diabetes-friendly event took place in the Green Center on the School of Mines campus in Golden, CO. Children of all ages enjoyed the talents of Paty Fox from Whimsy Entertainment, as she made creative balloon art. The pumpkins for the children to decorate donated by Judy and Bob Villano were a huge hit! Domino's provided and served pizza and Pepsi Beverages Company graciously donated the beverages.

All of the gentlemen from the fraternity were incredible; they set up and manned many games and a spooky maze for the children to enjoy. Special thanks to Judy & Charlie McNeil and Lori & Larry Finch for all of the preparation that took place for the party to come together beautifully. Everyone in attendance agreed that the party was a complete success!

There were a few happy tears from Christine Evans, a mother who recently moved her family to Denver to be closer to the Barbara Davis Center, as she watched her daughter enjoying the festivities. Halloween is a difficult time for families who have been stricken with type 1 diabetes, but when they all come together and celebrate they share camaraderie and support that eases the burden of living with this disease. A tradition among many families is to take pictures in front of the giant pumpkin at the entrance of the party year after year. The Morace family also just moved to Denver from Las Vegas to achieve ultimate health and support for their child and we were so glad they joined us!

Lori Finch put it best when she said, "The Guild of the Children's Diabetes Foundation is not necessarily a group one would seek to join, but it sure is great company to have." The Guild of the Children's Diabetes Foundation wishes everyone a safe and happy Halloween for many years to come! If you missed the party this time around, we hope you will join us next year.



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NEWSNOTES is published twice yearly by the Children's Diabetes Foundation at Denver. We welcome your comments.

If you would like to submit an article or a letter to Newsnotes send information to:

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Know the symptoms of Childhood Diabetes:

- Loss of weight
- Extreme thirst
- Excessive irritability
- Frequent urination
- Bedwetting (previously controlled)



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A child reaching for the brass ring on a carousel is symbolic of the most important goal of the Children's Diabetes Foundation — The cure. Your contribution on behalf of a loved one will make a difference. It will support treatment programs to assist children with diabetes in leading healthier lives and it will fund research to help CDF "Catch the Brass Ring" by finding a cure.

Mark an anniversary, birthday, special occasion; express appreciation or make a memorial tribute in honor of someone special with a contribution — for any amount — to the Children's Diabetes Foundation at Denver. We now accept gifts online.

Donations are tax deductible.
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The Brass Ring Fund

Remember a loved one — Help CDF "Catch the Brass Ring"

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In memory of _____
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24 HOURS TO GIVE WHERE YOU LIVE

Support Children's Diabetes Foundation on the second annual Colorado Gives Day! On December 6, 2011, Colorado citizens will come together again to raise millions of dollars for nonprofits like ours. Last year, the goal to raise \$1 million for Colorado charities was exceeded—\$8.7 million was distributed instead!

The Children's Diabetes Foundation's mission is to raise funds to support programs at the Barbara Davis Center for Childhood Diabetes where more than 6,000 children and young adults from all over America currently receive care.

Donate online at GivingFirst.org/CDF any time over the 24 hour period of December 6 to Give where you live!

www.GivingFirst.org/CDF



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